




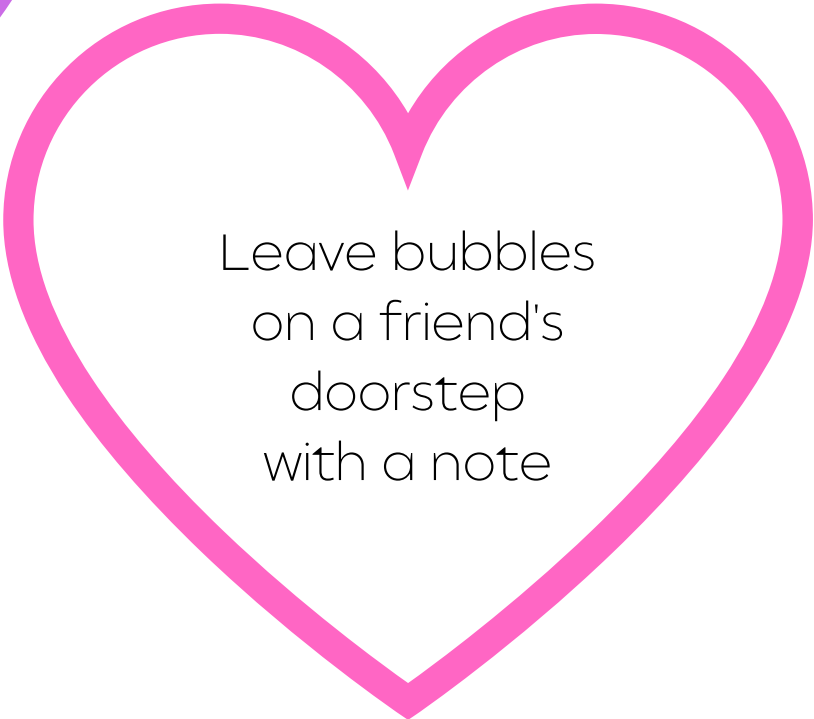
Make a  
Valentine's Day  
card for  
someone in your  
family




Bake cookies  
for your  
neighbor



Tell everyone in  
your family  
something you  
love about them



Leave bubbles  
on a friend's  
doorstep  
with a note




Take treats to  
your local police  
station with a  
note saying  
thank you




Make  
someone  
else's bed



Record a video  
for faraway  
friends and tell  
them you love  
them



Write a thank  
you note for the  
mailman and  
leave it in the  
mailbox




Buy coffee for  
one of Mommy's  
friends and  
drop it off at  
her house




Bake  
something  
heart shaped  
together



Make your  
parents a meal  
or a yummy  
snack



Make encouraging  
bookmarks and  
put them in library  
books



Make a list of 10  
things you are  
grateful for.  
Draw a picture  
to go with it!



Watch a show  
about kindness  
with your  
family